

Greenebucs Monthly Newsletter

September 2024



Gussie Jones and Sandy Zimmerman. We can always count on you two!



Greenebucs Chapter of Ambucs,
Greene County Ohio
Meets at Lofinos Center, 3868 Dayton-Xenia Rd.
Beavercreek Ohio
3rd Wednesday of the month 6:00 pm

Mission

Our club's mission is to provide help, and support for people/children with disabilities throughout our community.

2024 Greenebucs Officers

Louise Gibson - President
Julia Hall - Vice President
Tracy Jaudon - Treasurer
Sandy Zimmerman - Secretary
Pat Buckholt - Big Hat President

National/District Officers

Donna Carlton-Vish - President
Gordon Shaw - President Elect
Jud Freeman - Mid States Director
AMBUCS CEO - Jessica Wall

Contact Greenebucs

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Facebook Group:

<https://www.facebook.com/groups/1100362057350484>

Instagram:

<https://www.instagram.com/greenebucs/>

Twitter / X:

<https://twitter.com/greenebucs>

Don't Forget These Dates

Sept. 18 - Membership Meeting, Lofino's Plaza

September 28 - Buddy Walk, Fairborn Community Park

Betty Receives a Ramp

Greenebucs recently provided an accessibility ramp for Betty. Betty is thrilled with having the ability to now maneuver from her home to her walkway in a safe manner.



Buddy Walk

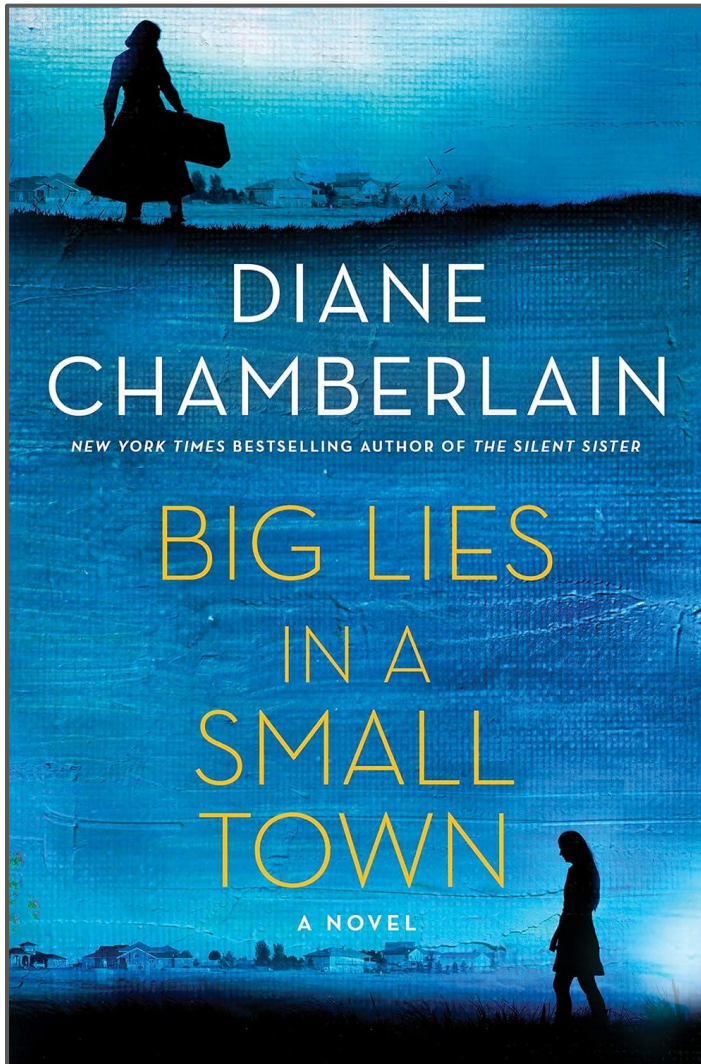
September 28th is the Miami Valley Down Syndrome Association Buddy Walk.

Greenebucs is a sponsor of this event, and we need to be there in full force to show our support, and to bring awareness of our mission to the special needs community.



Late Summer Reading

Big Lies in a Small Town: A Novel by Diane Chamberlain



Anna Dale, an artist from New Jersey, wins a national contest to paint a mural for the post office in Edenton, North Carolina.

Alone in the world and in great need of work, she accepts. But what she doesn't expect is to find herself immersed in a town where prejudices run deep, where people are hiding secrets behind closed doors, and where the price of being different might just end in murder.

What happened to Anna Dale? Are the clues hidden in the decrepit mural? Can Morgan overcome her own demons to discover what exists beneath the layers of lies?

Moose Lodges Continue to Support Greenebucs

Area Moose Lodges: Beavercreek, Xenia, and Indian Lake, continue to give financial support to our Chapter. These Moose Lodges believe in our good works and appreciate what we do for the special needs and veteran communities. Not only do they support us, the Moose itself is a great organization, offering socialization and fun, with a mission to help others. If you would like to become a member of this organization, just click on the Moose Logo to go to the application page. Our own Sandy Zimmerman is a member and can sponsor any Greenebuc that would wish to join.



September Bike Build

Our September Bike build was a great success. We had a lot of volunteers, built five Amtrykes and gave them all out, and we gave away two Veteran recumbents. Leti, did two fittings, and had a PT fill out an application for Amtrykes for her school. Thanks to everyone who spent their Saturday to make this all happen!



Recipient Pictures



Additional Bike Build Pictures

Carlin's mother wrote us a nice note on our Facebook page along with a photo of Carlin enjoying his new Amtryke:

"Thank you, Greenebucs Group, for Carlin's new Amtryke today. We are so grateful for all the volunteers who came out to make this happen for him."



Silly Halloween Joke so you have a whole month to practice it!

WHICH GREAT LAKE SHOULD YOU VISIT ON HALLOWEEN? LAKE EERIE.

Something Good to Eat

Creamy White Chicken Chili

This white chicken chili gets its creaminess, richness, and subtlety tangy flavor from heavy whipping cream and sour cream. Make sure to incorporate the dairy-rich ingredients after the chili is taken off the heat. Otherwise, the mixture will curdle. Add fresh jalapeno slices for a little heat. Tortilla chips will add a welcome crunch.



Ingredients

- 1 tablespoon olive oil
- 1 pound skinless, boneless chicken breast halves, cut into ½-inch cubes
- 1 onion, chopped
- 2 cloves garlic, chopped
- 2 (15.5 ounce) cans great Northern beans, rinsed and drained
- 1 (14.5 ounce) can chicken broth
- 2 (4 ounce) cans chopped green chiles
- 1 teaspoon salt
- 1 teaspoon ground cumin
- 1 teaspoon dried oregano
- ½ teaspoon ground black pepper
- ¼ teaspoon cayenne pepper
- 1 cup sour cream
- ½ cup heavy whipping cream

Directions

Gather ingredients.
Heat olive oil in a large saucepan over medium heat.
Add chicken, onion, and garlic; cook and stir until chicken is no longer pink in the center and juices run clear, 10 to 15 minutes.
Stir in beans, chicken broth, green chiles, salt, cumin, oregano, black pepper, and cayenne pepper; bring to a boil.
Reduce heat and simmer until flavors have blended, about 30 minutes.
Remove chili from heat; stir in sour cream and whipping cream until incorporated.
Serve hot and enjoy!

A Serene Place To Go: Cedar Cliff Falls

Cedar Cliff Falls gracefully drops into the Massie Creek Gorge rivals any natural waterfall Western Ohio has to offer. Cedar Cliff Falls was originally used to harness the power of Massie Creek for the Harbison Mill. The waterfall is in the 166-acre Indian Mound Reserve, one of the most popular parks in the Greene County Parks System. Located on St. Rt. 42 in Peterson Park, Cedarville OH